



SALT for Enon

Seven Areas of Life Training
By (Victorious Christian Living international)

What exactly is SALT?

- Mark 9:50 says “Salt is good, but if the salt loses its flavor, how will you season it? Have salt in yourselves, and have peace with each other.” (NKJV)
- A comprehensive discipleship series
- It's designed to teach each one of us how to live a victorious life in several different areas

Why did Jesus talk about Salt?

- Salt is not only a **seasoning** but it serves as a **preservative** as well.
- SALT signified God's faithfulness and His covenant with his people (Lev. 2:13)
- We are here to **season** the flavor of the world with our saltiness.
- We are here to **preserve** our society and ourselves from moral decay

Purpose

- Provide a safe place for real honest discussion about our lives, our thoughts, and questions that we may have
- Applying biblical truths to real-life situations
- Creating a “place where people encounter God”
- Encouragement, Healing, Hope



SALT

Seven Areas of Life Training

- **Spiritual** *Area of Life*
- **Psychological** *Area of Life*
- **Social** *Area of Life*
- **Physical** *Area of Life*
- **Financial** *Area of Life*
- **Marital** *Area of Life*
- **Parental** *Area of Life*



Keys to Understanding SALT

- Cycle of discipleship
- Hearing, Applying, & Sharing
- In-reach, Up-reach, & Out-reach

Cycle of Discipleship

■ Hearing

- **Romans 10:14** We must have the experience of **hearing** the phases or words of the gospel

■ Applying

- **James 1:22** We must have the experience of **applying** what the biblical truths are to our everyday experiences

■ Sharing

- **Hebrews 10:24** We must have the experience of **sharing** what we have learned with others concerning the Gospel of Jesus

Keeping in step with the Vision of Enon

■ In-Reach

- Growing in your knowledge of God and in your personal walk here at Enon. Your inner person: your mind, soul and spirit are being nourished by the internal resources we provide through ministries and study opportunities

■ Out-Reach

- Making a difference outside the walls of Enon. Using your talents and God given spiritual gifts to help lift, support, and encourage others for the cause of Christ

■ Up-Reach

- Encountering God through worship. It involves focusing your time and effort in blessing and acknowledging God for who he is and what He does.

Words of caution

- Classes are design for active participation from all parties involved
- The is a high level of confidentiality involved here
- Honesty and an atmosphere of nonjudgmental attitudes
- Everyone contributes
- We are NOT THERE TO PROVIDE EASY ANSWERS (facilitate and guidance) If a man is hungry how do you feed him? Do you give him fish for the day or teach him how to fish for a lifetime

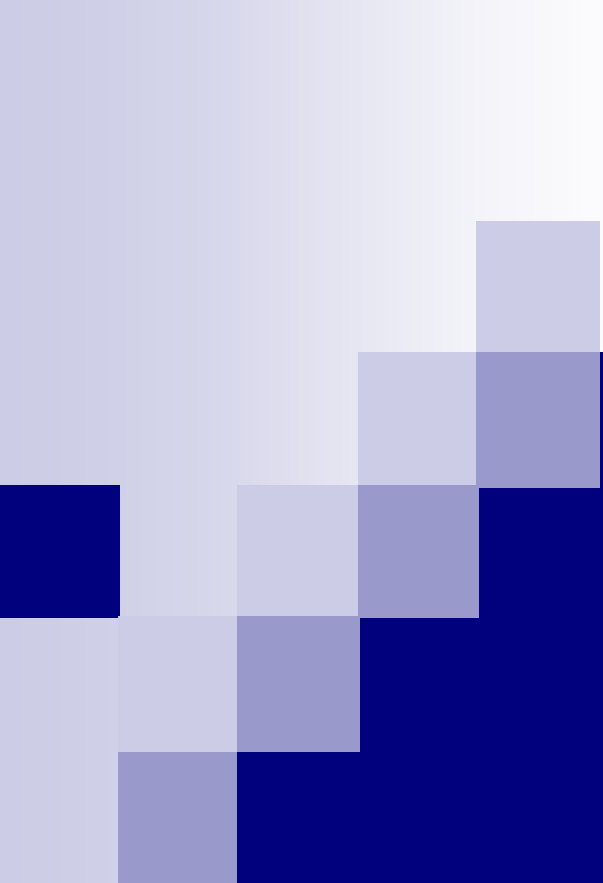


Spiritual Area of Life

My Relationship with God

Spiritual

- Key and the most necessary of all seven areas of Life Training This area feeds the others of life.
- Spiritual: **There is only one God who has the power to control, the right to judge and who deserves all praises**
- Chapter 1 / I Am Not God
- Chapter 2 / I Am “In Christ”
- Chapter 3 / I Am Not My Flesh
- Chapter 4 / I Am Accepted



Psychological Area of Life

My Mind, Will, and Emotions

Psychological

- There are two ways of dealing with life, God's approach and man's approach. Which way will you choose?
- Chapter 1 / Who to Know (yourself vs. God)
- Chapter 2 / Where to Focus (world vs. God)
- Chapter 3 / How to Decide (Flesh vs. Spirit)
- Chapter 4 / What to Believe (yourself vs. God)

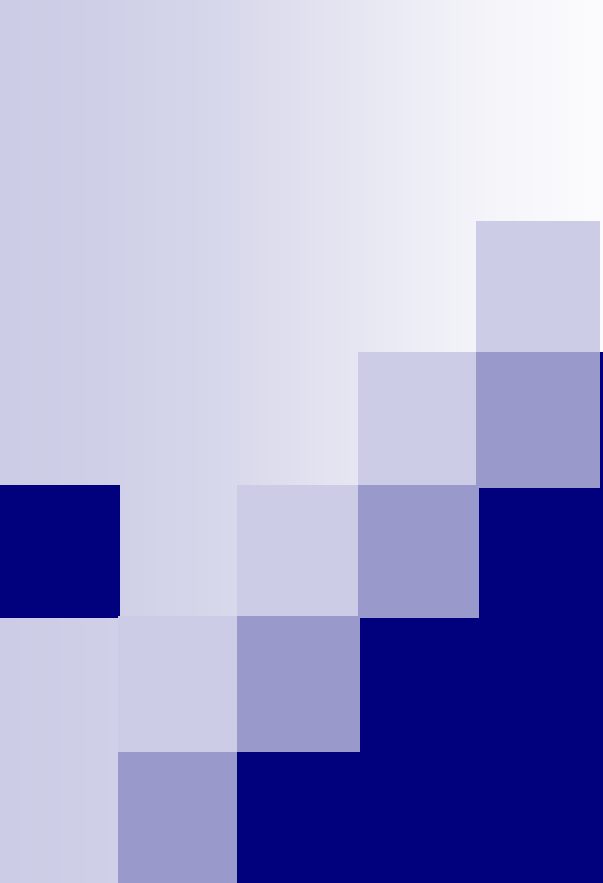


Social Area of Life

My Relationship with Others

Social

- How well do you relate to others in these different areas of life?
- Chapter 1 / Rejection
- Chapter 2 / Judging Others
- Chapter 3 / Forgiveness
- Chapter 4 / Loving Others



Physical Area of Life

My Body

Physical

- The bible teaches that our body is an earthly tent. It's the temple of the Holy Spirit. Is it God's temple for life or your temple of destruction?
- Chapter 1 / Your Earthly Tent
- Chapter 2 / God's Plan For Your Body
- Chapter 3 / Body and Soul (Mindset Spirit vs. Flesh)
- Chapter 4 / Physical U-Turn (Your body vs. God's body)



Financial Area of Life

My Money

Financial

- Financial Freedom is found in the bounds of financial faithfulness. SALT will teach you how to be financially responsible to God and to yourself
- Chapter 1 / Financial Freedom
- Chapter 2 / Give Generously
- Chapter 3 / Spend Wisely
- Chapter 4 / Invest Carefully



Marital Area of Life

My Marriage

Marital

- **One of two optional areas. Must have both (husband & wife or those engaged) to participate. How do we experience intimacy in all areas of life? SALT will add spice to your life.*
- Chapter 1 / Two Becoming One
- Chapter 2 / Psychological Intimacy
- Chapter 3 / Spiritual Intimacy
- Chapter 4 / Restoring Intimacy



Parental Area of Life

My Children

Parental

- **Second of two optional classes. Must be a parent or soon to be to participate* **Raising children today has become a full time responsibility. Let SALT help you to be accepting and accountable as a parent and for your child**
- Chapter 1 / Parenting Styles
- Chapter 2 / Acceptance First
- Chapter 3 / Accountability Second
- Chapter 4 / Reaching Fulfilled Adulthood